

CASH FLOW ISSUES	YES	NO
<p><b>Has your income changed substantially?</b> If so, consider how the change in income will impact your ability to reach your goals and your ability to save.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you need to update your cash flow planning?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>Review your pay stub and adjust your net income and tax projections. See "Pay Stub Review" flowchart.</li> <li>Account for any new or lost employer perks (e.g., cellular benefits, health and wellness incentives, professional development, and other assistance programs).</li> <li>Adjust your budget as necessary for additional commuting, home office, and other out-of-pocket expenses.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

EMPLOYER-PROVIDED BENEFIT ISSUES	YES	NO
<p><b>Are there significant changes in the amount or type of employer-provided benefits?</b> If so, consider how this will impact your financial situation (such as individual disability coverage).</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Will your health insurance coverage change as a result of taking a new job?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>Coordinate insurance coverage, so there are no gaps in coverage (such as COBRA).</li> <li>Check to see if your current doctors and health care providers are still in-network.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Did you have an HSA with your former employer and do you expect to have one with your future employer?</b> If so, consider the benefits and trade-offs of transferring the funds from your old HSA into the new HSA.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Did you have an FSA with your former employer?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>Make sure to spend all of the funds before you leave that company.</li> <li>Check with your employer to see if they have COBRA continuation coverage for the FSA. (continue on next column)</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

EMPLOYER-PROVIDED BENEFIT ISSUES (CONTINUED)	YES	NO
<ul style="list-style-type: none"> <li>If you contributed to an FSA with your former employer, consider contributing to the new employer's FSA plan as well. Each FSA has its own annual limit. They are not combined.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

RETIREMENT PLANS & DEFERRED COMPENSATION ISSUES	YES	NO
<p><b>Do you have a 401(k) with your former employer?</b> If so, reference "Should I Roll Over My Dormant Traditional 401(k)?" flowchart to determine what you should do with your old 401(k).</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Will you have a retirement plan with your new employer?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>Enroll in the plan as soon as you can.</li> <li>Consider contributing at least enough to receive the full employer match, if any.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Does your new employer offer equity compensation?</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you have any unvested stock options with your former employer?</b> If so, you may lose the unvested stock options.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you have vested stock options?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>Review exercise periods, which are usually about three months from your last day of employment (but in some cases you must exercise the options before your departure).</li> <li>If you were terminated for cause, your vested stock options might be canceled.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you have any deferred compensation with your former employer?</b> If so, review plan documents to understand the vesting schedule, distribution schedule and the distribution options available, such as yearly or lump sum.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Did you own stock (or stock options) in a private company for which you were also employed?</b> If so, consider the impact of the shares being illiquid and if there are any clawback or repurchase rights.</p>	<input type="checkbox"/>	<input type="checkbox"/>

TAX PLANNING ISSUES	YES	NO
Do you expect there to be any changes to your taxable income (due to a change in salary)? If so, consider strategies to mitigate the tax liability.	<input type="checkbox"/>	<input type="checkbox"/>
Do you need help deciding on the amount of withholding you should elect?	<input type="checkbox"/>	<input type="checkbox"/>
Do you need to make estimated income tax payments?	<input type="checkbox"/>	<input type="checkbox"/>
Did you receive severance pay from your former employer, or claim unemployment benefits? If so, both will be taxable income in the year of receipt.	<input type="checkbox"/>	<input type="checkbox"/>
Will (or did) you sell your primary residence to relocate for your new job? If so, you may be eligible for the maximum exclusion (\$250,000 or \$500,000 if MFJ) or a partial exclusion of capital gains.	<input type="checkbox"/>	<input type="checkbox"/>
Will you need to file income tax returns in multiple states?	<input type="checkbox"/>	<input type="checkbox"/>

OTHER PLANNING ISSUES (CONTINUED)	YES	NO
Do you need to update your contact information for emergency contacts, professional organizations, licenses, networking platforms, etc.? If so, be sure to take action to ensure that you do not leave loose ends with your former employer, or experience any gaps in communication.	<input type="checkbox"/>	<input type="checkbox"/>

OTHER PLANNING ISSUES	YES	NO
Are you subject to non-solicitation or non-compete agreements from your former employer and/or will you be signing such agreements for your new role? If so, review and understand the terms to which you are/will be bound, and maintain these agreements in a safe place.	<input type="checkbox"/>	<input type="checkbox"/>
Do you have student loans? If so, consider the following: <ul style="list-style-type: none"> <li>■ Check to see if your new employer offers student loan repayment assistance.</li> <li>■ Review your eligibility for loan forgiveness or discharge programs (e.g., the PLSF Program, Teacher Loan Forgiveness, etc.).</li> <li>■ Update your records for any IDR programs in which you currently participate, as your new salary may impact your repayment plan.</li> <li>■ Adjust your payments and/or consider consolidating/refinancing as appropriate. (continue on next column)</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

Online Training for Investors and Financial Advisors



[MissionalMoney.com](https://MissionalMoney.com) - Financial Coaching for DIY Investors

[SaltyAdvisors.com](https://SaltyAdvisors.com) - Trust Training for Financial Advisors

[BayRockFinancial.com](https://BayRockFinancial.com) - Independent "Fiduciary" Advice and Investment Management

- Featuring [The Blueprint for Financial Success™](#)
- Retirement Planning Checklists and Flowcharts
- Investment and Tax Planning Strategies
- Financial Coaching for Families and Individual Investors
- [Listen to Missional Money Podcast - Click Here](#)

---

Signup for More Resources Like This One - [Click Here to Subscribe](#)